

Lancashire Health and Wellbeing Board

Minutes of the Meeting held on Tuesday, 8th March, 2022 at 2.00 pm in Stubblelee Community Greenhouses, Stubblelee Lane, Bacup, OL13 0DD

Present:

Chair

County Councillor Michael Green, Lancashire County Council

Committee Members

County Councillor Jayne Rear, Lancashire County Council
County Councillor Mrs Sue Whittam, Lancashire County Council
Dr Sakthi Karunanithi, Public Health, Lancashire County Council
Dave Carr, Director of Policy, Commissioning and Children's Health
Councillor Barbara Ashworth, East Lancashire, Lancashire Leaders Group
David Blacklock, Healthwatch

Apologies

Denis Gizzi	Chorley and South Ribble CCG and Greater Preston CCG
Louise Taylor	Adult Services and Health and Wellbeing, Lancashire County Council
Gary Hall	Lancashire Chief Executive Group
Councillor Viv Willder	Fylde Coast, Lancashire Leaders Group
Councillor Matthew Brown	Central, Lancashire Leaders Group

1. Welcome, introductions and apologies

The Chair welcomed all to the meeting and thanked staff from Stubblelee Community Greenhouses in Bacup for hosting the meeting and officers from the Public Health Team and Democratic Services for arranging the meeting.

Apologies were noted as above.

Replacements for the meeting were as follows:

County Councillor Jayne Rear for County Councillor Williamson, Lancashire County Council
Dave Carr for Edwina Grant OBE, Education and Children's Services, Lancashire County Council

Councillor Barbara Ashworth, Portfolio holder for Health and Leisure, Rossendale Borough Council and Health and Wellbeing Board member, representing East Lancashire, Lancashire Leaders Group also welcomed everyone to Rossendale on behalf of the host Authority.

Councillor Barbara Ashworth and Adam Allen, Director of Communities outlined the "Rossendale, Our Place, Our Wellbeing, Our Plan" which has been produced over the last 18 months. The plan had been informed by what the people and partners in Rossendale had agreed was needed to make a difference to people's health and wellbeing, giving direction and focus as a united team for Rossendale. It had been shaped by connecting, sharing ideas, experiences and passion and was the responsibility of everyone in Rossendale, to deliver it and make sure it achieves what it sets out to and to continue to improve things for the people and Rossendale.

During Covid a group was formed called Rossendale Connected comprising people in the community, voluntary sector groups and individuals and it continues to meet now and has also been key to the plan.

The plan is a working "community" document and will be reviewed every year. It was suggested that other districts in Lancashire may wish to replicate what Rossendale has done in connecting the health and wellbeing landscape. There is no funding attached to the plan, however the currency is genuine appreciation for community effort, sharing energy and inspiration with each other/sectors and networks, resources in terms of ideas, creativity and sharing buildings and spaces to have a better impact on communities.

Dr Sakthi Karunanithi expressed his gratitude and thanks to Rossendale for creating this plan and highlighting that money was not always important for improving health and wellbeing because enduring relationships are key.

County Councillor Green also congratulated Rossendale on the plan and hoped that this piece of work would be replicated in other areas across the County too.

2. Disclosure of Pecuniary and Non-Pecuniary Interests

There were no disclosures of interest in relation to items appearing on the agenda.

3. Minutes of the Last Meeting held on 25 January 2022

Resolved: That the Board agreed the minutes of the meeting held on 25 January 2022.

There were no matters arising from them.

4. Appointment of Deputy Chair

The Board were informed that as the NHS system was still evolving, an appointment of Deputy Chair had still not been made and that the Board would confirm the appointment as soon as possible and report back at the next meeting of the Health and Wellbeing Board on 10 May 2022.

Resolved: That this item be deferred to the next meeting of the Health and Wellbeing Board in May 2022.

5. Healthy Hearts Strategy Development

Aidan Kirkpatrick, Consultant in Public Health and Alison Moore, Public Health Specialist, Lancashire County Council presented the [report](#) to the Board, which articulated the pressing need for the development of a Lancashire wide Healthy Hearts strategy. It outlined the strategic intent and proposed key recommendations to the Health and Wellbeing Board, seeking a mandate for this work and ensure system wide buy-in.

The Board was reminded that the report aligned with the recent commitment to prioritise Healthy Hearts and also with the Government's 'Levelling Up' agenda; that by 2030 the gap in Healthy Life Expectancy between local areas where it is highest and lowest would have narrowed and that by 2035 Healthy Life Expectancy would rise by five years.

The latter policy intervention was particularly pertinent for Lancashire given not only the wide variations in both Life Expectancy and Healthy Life Expectancy across Lancashire; but also crucially the fact that when considering the expectancy gap between the most and least deprived quintiles of Lancashire, just over 24% of this gap was attributed to circulatory disease related mortality (ahead of all other causes of death).

The Board recognised that cardiovascular disease has a strong impact on life expectancy, and the Healthy Hearts Programme, based on a Best Practice Framework, will help address this.

The Board were informed that arrangements were underway for a workshop later in March to scope out how best to further develop the Healthy Hearts Strategy and associated work programmes. This would help to build upon a range of emerging national targets related to cardiovascular disease.

Robin Ireland, Food Active was welcomed to the Board and supported discussion about the Healthy Weight Declaration ([Appendix A](#)). Food Active is a North-West based charity and so far, across England, 26 Councils have adopted the Healthy Weight Declaration. Lancashire County Council initially signed the Health Weight Declaration in 2017, however, during 2020 the 16 commitments as detailed in Appendix A were reviewed and refreshed.

The Board were also asked to note that an event was being planned towards the end of June 2022 around Healthy Weight to consider policies that can be adopted at district level.

Following the presentation, the following points were raised:

The Board was asked about emotional wellbeing and mental health in young people, and whether there were any lessons to be learnt as the strategy is taken forward. The Board was informed that the plan was to start to explore across the teams where insight and learning could be sought from residents. To start the process, discussions have been taking place with teams across Lancashire and it is crucial to get the perception of the programme right. Across the networks, they need to be directing residents to programmes

that are already in place, working together to increase the numbers of participators and improve the quality of the programmes. It was also noted that there should be a family approach and have a variety of delivery to try and attract people to take part and to remove the stigma of the word 'weight' and make it fun.

A query was raised in terms of what is stopping people engaging with the services that are being offered to them, particularly when there are 65% of people in Lancashire who are overweight or obese. The Board were referred back to the [Foresight Obesity System Map](#), which shows the causes of overweight and obesity and the complexity of people's lives. The intention is to work on a whole systems approach and look at the different reasons why people may not be engaging, ie transport issues, community safety, drug and alcohol use, weather etc. that are being identified as a barrier in accessing a healthy lifestyle.

Adrian Leather, from Active Lancashire commented that the whole issue is about behaviour change and everybody is working on that agenda. Three offers were made to support the Healthy Hearts offer, from Active Lancashire, which were:

- i) To provide data on areas in Lancashire where the focus is most needed on physical activity (who is active, who has the propensity to be active, age profiles) and also data on indications of what works around messaging and offers and working with local partners will join this area of work up.
- ii) To help on Business Health Matters around workplace health and wellbeing and health checks available and would like to see this referenced more during this piece of work on Healthy Hearts. If it was to become a campaign, Active Lancashire would like to work with the Authority on targeting and developing the messaging and to focus on young people and adults.
- iii) Work on informing the policy on sustainable transport and resource applications ie upgrading pavements, prioritising routes which would support local cycling routes.

Dr Sakthi Karunanithi, Director of Public Health, Lancashire County Council commented that the intent behind the Healthy Hearts programme was to mobilise collective endeavours. Planning is happening on three dimensions:

- i) Policy and creating a better environment (ie planning, transport).
- ii) Services for individuals (ie clinical, behaviour change or broader wellbeing programmes).
- iii) Mobilising communities and engaging them.

It was agreed that the Board would welcome the offer from Active Lancashire and link up with the work that was alluded to in the workplaces to enable a shared understanding and develop it with partners. It was noted that this was the start of the journey and there was lots of learning to be taken forward following discussions at this meeting and also from Rossendale and the work they have carried out for their plan and the successful links they have made with their communities.

It was also noted that the role of the District Councils is crucial in this area of work and to utilise the Community Hubs model which has been in place throughout Covid and proved a better connection between communities and Local Authorities.

Data sharing was highlighted as a challenge for the NHS Health Checks programme, and was recognised as a generic challenge for many different services. If a service intervention is undertaken in a community setting, and that service is dependent upon follow up by NHS, particularly in primary care, then robust and safe data transfer is essential. This remains a key challenge and discussions are taking place to provide solutions. It was also noted that it was not only a technical issue, but a cultural issue Lancashire and South Cumbria wide.

Resolved: That the Health and Wellbeing Board:

- i) Endorsed the strategic development of the proposed Healthy Hearts Programme.
- ii) Signed the Healthy Weight Declaration ([Appendix A](#)) pledging to tackle unhealthy weight within Lancashire.
- iii) Supported the targets currently being developed for the emerging Healthy Hearts Strategy.
- iv) Endorsed a joined up collaborative approach with the emerging Integrated Care System Cardiovascular Disease Prevention Programme, to support cross organisational leadership and delivery responsibilities.
- v) Agreed to receive future updates as this programme of work develops further.
- vi) Agreed the offers received from Active Lancashire and to work with partners to develop the Healthy Hearts offers for Lancashire.

6. Health Equity in Lancashire

This item was deferred due to apologies.

7. Better Care Fund

Paul Robinson, Senior Programme Manager, NHS Midlands and Lancashire Commissioning Support Unit presented the report on the Lancashire Better Care Fund Pan 2021/2022 to the Board. The report provides a high-level view of the plan and further details, and background are available in the appendices attached to the [agenda](#).

The Better Care Fund (BCF) programme began in 2015 and Lancashire has had in place Better Care Fund (BCF) plans since, based upon a clear governance structure and planning process. The Health and Wellbeing Board has received regular updates and engaged, in its role as the Better Care Fund (BCF) accountable body.

The Board noted that the process had been changed over the last two years during the pandemic, as resources needed to be refocussed and the Better Care Fund (BCF) had continued but in a more discreet manner. It had provided some basis for accelerated collaborative working and services funded through it had been at the core of supporting NHS and social care systems to respond to the pandemic. Such was the position in 2020/21 that no Better Care Fund (BCF) plans were produced nationally in year, however, activity reflected end of year reporting.

In 2021/22 planning had been delayed, however, through partner collaboration, the plan has been produced and presented to the Chair of the Health and Wellbeing Board previously and was being presented to the Board for full consideration. This had allowed consolidation and clarity that would support the Better Care Fund (BCF) going forward and

on a much wider scale the delivery of the Intermediate Care Programme for which it is an enabler.

The Board was informed that in order to enable the completion of the national assurance process, the Chair of the Board had approved the plan having consulted Board members through email and received no comments to the contrary.

The report provides a high-level view of the plan. Detail and background are available in the appended briefing and background papers.

The 2021/22 Better Care Fund (BCF) Policy Framework indicated that the Better Care Fund (BCF) would continue into 2022/23 and this was further confirmed in the NHS 2022/23 priorities and operational planning guidance and in the Provisional Local Government Finance Settlement. No further detail is currently available.

Following the presentation, the following issues/points were raised:

A query was raised as to how Lancashire had performed after spending £166.48 million of the Better Care Funding for 2021/2022. It was reported that it had been a well-directed spend across the system and that the system has worked better with barriers being broken down and due to this, should be able to demonstrate success, although further analysis is required.

Paul Robinson informed the Board that guidance for the end of year report had not been received yet.

It was felt that the voluntary sector should continue to be fully engaged.

The Board also noted that the plan had undergone national assurance.

Resolved: The Health and Wellbeing Board:

- i) Confirmed the Chair of Lancashire Health and Wellbeing Board's approval, given under delegated powers, to the Lancashire Better Care Plan for 2021/22.
- ii) Would receive, at a future meeting, the 2021/22 Better Care Fund year-end report when produced.
- iii) Would receive further updates on Better Care Fund activity and development into 2022/23.

8. Urgent Business

There was no urgent business received.

9. Date of Next Meeting

The next scheduled meeting of the Board will be held on Tuesday, 10 May 2022 at 2pm at a venue in West Lancashire.

L Sales
Director of Corporate Services

County Hall
Preston